#### Where is the Working Definition of Consciousness?

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#### Abstract

The topic of Consciousness is astoundingly unique in that as a branch of Science there exists no clear definition of what Consciousness actually is [1][2][3] to the extent that a functioning independent Conscious Being may be implemented in Software / Hardware from the ground up. Tononi[4] et al developed Integrated Information Theory and successfully synthesise the properties of consciousness to derive fascinating and ground-breaking insights, however stop short of deriving an actual working Definition. McKenzie[68] derives a clear Definition: it is not detailed enough to guide a Software/Hardware implementation, but as a high-level Definition could guide an upgrade of the Turing Test. 31

Beginning primarily from the Upanishads and Advaita Vedanta as the world's leading comprehensive and compact study on Consciousness, a first cut at a Definition of Consciousness is proposed and then refined with examples. There is remarkable similarity to McKenzie's definition: past and present are compared, and used along with experiences to imagine a future, then action is applied, with corrective-feedback introduced to account for latency between decision and achievement. The similarity of this description to PID Control is strongly highlighted.

One of the implications from the Definition: If "self" qualia are defined as the combined properties of thoughts, beliefs, memories, ideas, habits working paradigms etc. then the "protection" mechanism of the same is the self-referral loop, which bears a remarkable resemblance to a Checksum mechanism from Computing. Additional startling implications arise covering "Artificial" Intelligence, Computer Science, Epigenetics, Control Theory in Engineering, Vector Processing and Distributed Computing.

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#### 1 Introduction

Alan Turing created the Turing Test[5]:

a test of a machine's ability to exhibit intelligent behaviour equivalent to that of a human... The results would not depend on the

#### Simple PID Controller 4.614

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#### Discussion 1

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machine's ability to answer questions correctly, only on how closely its answers resembled those of a human.

An example of how selecting test subjects of both types could go awry is demonstrated by a human attempting to use ChatGPT to prove that the earth is flat [6]

,

Firstly: ChatGPT uses the wrong equation, and secondly the human lacks sufficient engineering knowledge to spot the mistake. Following Turing's Test, it would be hard to distinguish between the two, or even mistake the human as being "Artificial", as the Analyst (administering the test) could *mistakenly* reasonably assume Rationality on the part of both participants.

The bottom line is that the Analyst has to have a significantly high degree of Intelligence in order to correctly apply the Turing Test, and, also, have rather humorously-depressingly-realistic expectations of <sup>1</sup> the selected human test subjects' Intelligence. Put clearer:

In order to test for Intelligence one must first understand what Intelligence is.

And that involves having a *clear definition* of Intelligence[7]. Wikipedia lists many definitions, and by and large they state the exact same thing. The clearest and most concise, by Sternberg and Salter, being simply:

Goal-directed adaptive behavior[8]

Maxwell's Demon neatly illustrates how simple observation may create a pressure differential under circumstances where none should naturally occur, the "goal" being: create a pressure differential. Whilst Maxwell's Demon meets the Definition of Intelligence, <sup>2</sup> the key component that is clearly missing is any mention of or need for "Awareness" at play in such "adaptive behaviour".

Less-obvious but ironically illustrative is the case where the apocryphal millionth monkey eats the Works of Shakespeare immediately after typing it, not realizing the value of its randomly-typed output[9].

This - combined with Software Engineering practices - tells us that:

In order to test for Consciousness one must first have a clear definition of what Consciousness is *and understand it*.

Velman's[10] study in how to define (and not define) Consciousness proves a valuable guide into avoiding some past errors in this endeavour.

#### Insights: Intelligence vs Consciousness

A first insight here: there are deeply concerning implications for the use (and pathological misuse) of "Artificial" Intelligence: the misunderstanding being an *assump*- tion that the word "Intelligence" implies more than it does. To illustrate: assume that an "AI" is successfully trained on all currently-known behaviours (such as 10,000 apples and 10,000 oranges). It would succeed in mimicking all *expected* "adaptive behaviour" (if the greatly-simplified example were shown only apples or oranges). However it would not only fail on *unexpected* circumstances (shown a picture of a mouse), but it would <sup>3</sup> be *unable to tell that failure had occurred*.

This is the very dangerous and seductive trap overpromised by proponents of "Artificial" Intelligence, made all the more dangerous when both the Domain (of the goal) and the answers given become sufficiently complex that they are both beyond the Users' and AI Proponents' and the AI's <sup>4</sup> ability to explain or understand.

A second insight: an Intelligent entity does *not* have to be Conscious... but it could be (Conscious). Illustrating with Maxwell's Demon: the Demon could effectively be at the level of an automaton (un-Conscious) similar to an Industrial Controller (or simple Arduino with sensors) but at this point it has to be said that the *Intelligence of the Programmer* designing the instructions to be followed by the Demon **must** be considered part of the "adapting behaviour". By contrast at the other end of the spectrum: the Demon could be a Conscious entity that is capable of understanding (a) its environment (b) Chemistry and Physics (c) *instructions* to follow, and is simply placed in a box near the door and told "Create a pressure differential - oh and don't stray from the door".

Whether the opposite way round must hold<sup>5</sup> remains an open question for future research.

An additional related question: if the definition of Intelligence is "Goal-directed adaptive behaviour", then what would an *identically-Intelligent* Conscious entity do, compared to a "merely" Intelligent one, when faced with the prospect of failure, not for lack of trying, in achieving a given Goal?

#### Insights from Software Engineering

In Software Engineering it is deeply unwise to begin any large project without formally following strict steps. Simplified: those steps

- begin with an analysis phase,
- move to a specification document (defining the project and its scope),

<sup>&</sup>lt;sup>1</sup>or lack of prejudice regarding

<sup>&</sup>lt;sup>2</sup> if also asked to work out how to create the pressure differential rather than simply operate the door

<sup>&</sup>lt;sup>3</sup>on its own, unless "testing for meeting the goal's requirements" had been correctly defined and built-in to the "AI" (or use of the same)

<sup>&</sup>lt;sup>4</sup>it is not well-appreciated that, with the notable exception of approaches such as Intel's Neuro-morphic ASICs, current AI is a "knee-jerk Deterministic response" pattern-matching system primarily built around Sparse Matrix multiplication. Being *trained* on a Q&A set and being able to respond to any Q with a given A does **not** mean that the AI *in any way* "understands" the response it has calculated. Where this goes badly is when Large Language Models are involved[11] as the assumption is that because a LLM parses Language and can synthesise an answer from its training-set, it **must** be Conscious. Turing turns his tomb...

<sup>&</sup>lt;sup>5</sup>does a Conscious entity *have* to have Intelligence?

• and only then to an implementation

The implementation, out of pure necessity, involves rigorous tests down even to the basic functions, all aimed at demonstrating or proving that the Software meets its clearly-defined specification. Thus, as all Software is explicit down to the most excruciatingly tedious level, then without clear and unambiguous definitions of every aspect of what is to be implemented it is *literally* impossible to deliver working software <sup>6</sup>.

Yet astoundingly, exploration of Consciousness - and Conscious "AI" - is being carried out with no formal definition of what Consciousness actually is. Worse: the "A" in "AI" is a declaration by Western Science that Intelligence is somehow "Artificial". This mindset is now being transferred - ironically unconsciously - to "Conscious AI".

Correcting this mindset, and ensuring that vast funding resources are not wasted, would naturally require a definition of Consciousness. Dictionary definitions are hopelessly inadequate, and Internet searches refer to philosophical discussions, to "God" <sup>7</sup> - anything but a clear and precise actual definition. Only by asking a different question, "What are the properties of Consciousness?" is there a hint of light, from which as a second step, with enough hints, can a first attempt be made at a workable definition.

#### Select the right sources

Fascinatingly, it is Vedic literature - Advaita Vedanta and the Upanishads - that have the clearest discourse on Consciousness. Crucially, the discourse is in Sanskrit: a fully non-ambiguous language that can only result in miscommunication if either the writer or the reader <sup>9</sup> misunderstands Sanskrit itself.<sup>10</sup>

By contrast however, Phenomenology:

seeks to objectively investigate the nature of subjective, conscious experience.

Which immediately contains an inherent fundamental flaw that Velman[10] also highlights: the assumption that subjective conscious experience is separate from the experiences: a subtle error that is made clearer by Phenomenology proponents' exploration of "Intentionality":

> ... intentionality, it being directed towards something, as it is an experience of or about some object.

separate (objective) entity which can be "directed" [12].

Contrast this with the Upanishads all hinting that, using sentence-construction "subject-verb-object" to help illustrate:

- the "subject" (the self-aware being)
- observes (verb)
- *itself* (the object *is* itself),

in what becomes an endless infinite - recursive - loop:

- I observe I,
- observing I observing I,
- observing I observing I observing I,

#### Set of all Creature-Qualia

Within the practical context of a Definition of Consciousness, it is noted that Lord Vishnu is considered to be the Avatar of all Creatures. In other words, Vishnu is described as being able to take on the form of any potential or existing Creature (any form of Conscious Entity) in the Universe<sup>[13]</sup>. This may be expressed mathematically as the "Set of all Creature-Qualia": a set-of-setof-properties.

First Implications are that Vishnu embodies the DNA (or other encoding, such as the sulphur-based life near active oceanic volcanos) of all possible forms of life. Whether Vishnu actually *exists* as an actual entity is only partially up for debate, but purely objectively: if Consciousness has any say in the matter, the information itself is highly likely to have some form of selfpreserving awareness, and thus independent existence and thought.

#### The Properties of Consciousness $\mathbf{2}$

Synthesised from several sources, the properties are:

- Subjective awareness: knowledge of "self"
- The ability to interact with both an internal and external environment
- Knowing what it is like to be each of these three: (a) yourself (b) animate - i.e. knowing what it is like to interact with the environment (c) inanimate
- Being aware, sufficient to also be aware of that very same awareness: aware, and aware of the awareness.

Maharishi Mahesh Yogi in particular stated that Con-The implicit assumption here is that Consciousness is a sciousness is "A state of pure being" [14] - Pure Intel-

<sup>8</sup>Wrong Number!

3

<sup>&</sup>lt;sup>6</sup>A simple example given above was the automaton version of Maxwell's Demon, where it was the *Programmer's* Intelligence that went into defining explicitly step-by-step how the Demon must achieve the goal

 $<sup>^{7}</sup>$  if google insists on referring to God on searches for Consciousness, then the next logical step is of course to contact God. Please do send God's telephone number <sup>8</sup>to the author

<sup>&</sup>lt;sup>9</sup>which includes a translator. famous example: "Eye of the Needle" is the colloquial term for a city's "Night Gate". the Greek translator was unfamiliar with local idioms and translated the phrase literally

<sup>&</sup>lt;sup>10</sup>dry diplomatic note: the level and quantity of misunderstanding, world-wide, is outside the scope of this document

ligence (Pure Creative Intelligence), Pure Knowledge, Pure Existence. Kashmiri Shaivism[15] also makes a clear statement that everything is part of one single large Consciousness, and hints again of awareness as key:

> There is only one Great Divinity, and it is the very inner Self of all creatures. It embodies itself as all things, full of unbroken awareness of three kinds: "I", "this", and "I am this."

Further, from the Upanishads, an extensive collection, comes additional properties:

- the concept of being able to transition from "eyes of self" to "self",
- the identification of states of consciousness as wake, dream, sleep and transcendence.

Advaita Vedanta contains an extraordinarily detailed and comprehensive study of Epistemology, which if Consciousness is to be defined to the extent that it can be implemented in software, also needs to be incorporated. Advaita Vedanta identifies several types of knowledge, but it crucially also defines the structure as being of the form as:

- subject a source
- cause or means a link of some kind
- object a destination

For a Software Engineer, the link between "subject" and "object" is of course a function. For anyone carrying out a study of language (grammar) the link between "subject" and "object" is of course known as a "verb".

For anyone studying Consciousness there are hints, particularly from the phrase "I am that" [16], that selfobservance - or self-awareness - must therefore imply that the "object" is also the "subject". This gives a huge hint as to one of the critical aspects of any definition of consciousness: feedback loops and interaction with the same are essential and key. From this same crucial aspect, it is guite clear that the majority of what is called "AI" catastrophically fails by design, as virtually all modern AI, being based on Directed Graphs.<sup>11</sup>, has no active integral feedback looping as part of the  $lavering^{12}$ 

#### 2.1Knowledge types

There are different schools of Hindu philosophy, which advocate more or less "Pramanas" (types of knowledge). Nyana<sup>[17]</sup> only recognizes four Pramanas where Advaita Vedanta recognizes six.

- The senses (which include "mind")
- Facts (or tenets)
- Inference: logical reasoning chaining: "A implies B and B implies C"
- Difference: in Boolean Logic and Software Engineering this is the inverse Exclusive OR Operation (XNOR)
- Analogy: A is to B as C is to D, which can be broken down to Set Theory Operations based on identified "attributes"
- Distinguishing between Cause and Effect: identification of a reflection not being the actual object itself. This is the "implies" operator A=>B, which in Boolean Logic is B or NOT A.

Distinguishing cause and effect is illustrated by viewing an object in a mirror. Removal of the object results in the reflection disappearing, but removal of the *mirror* does not result in the *object* disappearing.

Remarkably a surprising number of the types of knowledge in Advaita Vedanta Epistemology map directly onto Boolean Algebraic operations. "Spot the Difference" image contests may be very rapidly solved by flashing up both images in quick succession, and the human eye is, from Evolutionary development, immediately drawn to the changes. Computer Software would perform an XNOR operation on every pixel of the digital images: any pixel that was the same would result in a ZERO and any pixel that was different a ONE. Searching for ONEs clearly locates the areas where the two images are different.

Also of note is hints of an ability to select from internal and external sources: "mind" being considered a sense, it is "mind" that provides stored "internal" information, as distinct from other "senses" which can definitely  $^{13}$ be considered "external".

#### 2.2Analogy



Figure 1: Horizontal and Vertical aspects of Analogy

Analogy deserves its own careful analysis. It involves Set Theory, as well as Boolean Logic. Imagine that Continuing with Advaita Vedanta Epistemology, the each of A thru D are sets containing certain properties

six types of knowledge are:

<sup>&</sup>lt;sup>11</sup>each layer's Neurons exclusively connected to the next, not to themselves and not backwards: the term "feed-forward" is typically used

<sup>&</sup>lt;sup>12</sup>Contrast this with the off-line training which involves feedback: this is in no way the same as having, for example, the 3rd layer link back to the 1st, creating a cyclic loop such as that shown in figure 2: the Thalamo-Circuit of the human brain

<sup>&</sup>lt;sup>13</sup>albeit with some considerable processing layers in between

that are either True or False. Now imagine, as usual, that A and B are laid out horizontally, and that C and D are directly underneath. Thus there are horizontal comparisons and vertical comparisons. Also it is further assumed that there is a unique "word" associated with each: a classic example being "A man B woman C king D queen". Properties in this example would be "human, male, female, royalty, commoner".

Comparing the set of properties of A to B (A XNOR B) will result in a subset of those properties which are the same. Likewise comparing C to D (horizontally), and also A-C and B-D (vertically). If the subset of properties when comparing A-B are identical to those of C-D, and those of comparing A-C are identical to those of B-D, then it becomes possible to:

- *derive* (infer) the properties of one of the four items, as long as the properties of the other three are all known.
- *derive* (create) an entirely new Analogy one never encountered before, by checking horizontally that A-C=B-D and vertically that A-B=C-D.

When using an Analogy: once deduction of the *prop*erties has been carried out, it is straightforward to perform a lookup of a suitable word or concept with those exact properties.

*Creating* a new Analogy is a primary method as to how knowledge, (especially of language) may be learned without needing to be "formally" taught.

Interestingly, analogy is the focus of practical uses of Natural Language Processing, where large Sparse Matrices are constructed to define the relationship between words and associated properties. Each column becomes a Vector of properties, where the similarity of words may be mathematically calculated by calculating the Normalised dot product of the two vectors of properties (the cosine angle between the multi-dimensional vectors).[20]

#### **Cosine Similarity**

The core algorithm takes four vectors, subtracts two pairs, and performs a search for the highest cosine angle[21]

Each Dimension in each Vector above is the measure of any given specific "property". Thus it can be seen that by checking that the *difference* between two sets of properties are close, "similar" pairs are identified: the definition of Analogy.

It should not take much further thought to see how a Neural Network, with the right design characteristics (such as a biological Spiking NN), could achieve the same type of calculation or an approximation of the same, although it is highly suspected that biological SNNs implement a different algorithm for Analogy which achieves the same end result. Interestingly, a Software Engineer or Mathematician should immediately recognise that both SNNs and computation of Dot Product are inherently parallel. Hong and Pavlik's approach confirms that something remarkably close to similarity (Dot product) can be achieved with what is termed Randomly-Weighted Feature Networks[22]

#### Insights into Analogy

Also worth noting in passing is that there are different categories of Analogy: positive analogy is described, above. Negative analogy is where the comparison of properties creates a set is found to be missing (X XNOR Y), but that the exact opposite of this comparison is the case for the other pair being compared (W XOR Z). Crucially it is noted that, in essence, Analogy builds on the use of "comparison" (one of the other types of knowledge in Advaita Vedanta).

Other refinements and subtleties occur when the properties being compared do not perfectly match. Another is that "plausibility" - confirmation or refutation of a "hypothesis" - requires an Analogy to be made between *internal and external knowledge*, which is explored below (Theory of Inference). Further reading is recommended in the Stanford Encyclopedia of Philosophy[23]

In conclusion on this brief analysis of Analogy, it would seem that Joseph Priestley was along the right lines to assert that Analogy is a powerful tool in both discovery and philosophical investigation. There are two categories: positive and negative Analogy, and it is also possible to deduce an Analogy from the Properties of four known items. However in and of itself, Analogy, as a type of *knowledge*, does not directly result in Consciousness.

#### 2.3 Inference

The basis of Inference is the simple Boolean operation A OR NOT B. It is part of a field called Propositional Logic[18]

Worth noting is that Inference Chains may be simplified through Exportation Rules[19]:

$$A \Longrightarrow B \Longrightarrow C \tag{1}$$

is equivalent to

$$A AND B => C$$
(2)

Interestingly, the Nyana Wikipedia page on Inference is remarkably informative and detailed, so constitutes a valuable source. It outlines a *five* step process behind the Theory of Inference, citing the following example:

- There is fire on the hill (called Pratijñā, required to be proved)
- Because there is smoke there (called Hetu, reason)
- Wherever there is smoke, there is fire, e.g. in a kitchen (called Udāhārana, example of vyāpti)
- The hill has smoke that is pervaded by fire (called Upanaya, reaffirmation or application)
- Therefore, there is fire on the hill (called Nigamana, conclusion)

This does seem to be somewhat tedious, but to a Software Engineer it constitutes a clear and rigorous specification. Equally of value in the Nyana page is the warnings on common mistakes made by incorrect application of Inference Theory: the most common one being "If A=>B then B=>A" where it is well-known ad nauseam by Mathematicians that the Implies Operator is non-commutative.

"Where there is smoke there is fire" can be demonstrated as true, but "Where there is fire there is smoke" is demonstrably wrong, because smoke is generated by wet fuel: Methanol as a race fuel is known in NASCAR to be extremely dangerous as it burns (fire) entirely invisibly (zero visible sign of any kind except heat-haze, let alone any kind of smoke).

Inference appears to use Analogy in a semi-degenerate fashion: specifically in the "Application" (Upanaya). The "cosine similarity" is on "smoke" and "fire", between the adage (generalisation) and its application (the example). Given that the words are identical (A=C, B=D) it may be considered a degenerate form of Analogy. Regardless: this is a subtle detail that a Software or Hardware implementation would need to take note of, respecting primarily that it will be the *qualia* representing smoke and fire involved, not those two actual words themselves.

# 3 Definition of Consciousness

The most important aspect of this proposed definition is that it is a hypothesis, and ironically, in a beautiful self-referral way, this paper *itself* notes that one of the tools utilised to confirm, reject or improve a hypothesis is: Analogy.

Thus, the definition must be compared against as many different expressions of Consciousness as is practical, synthesising aspects (properties) identified through Analogy.

Common attributes - properties - noted iteratively and corrected so far, are:

- 1. The ability to perform Boolean Logic (and from there optionally derive include or emulate basic Algebra - at least addition and subtraction)
- 2. The ability to perform differentiation and integra-

tion with respect to time.

- 3. The ability to read and write to and from internal storage capacity (memory)
- 4. The ability to select from any internal or external input (internal or external sources), at any given moment of time, for any combination of sources.
- 5. The ability to choose to write to external output, internal memory, or both or neither, or any permutation of the same, at any given moment of time.
- 6. Access to a source of true randomness, either as an additional input, or as an integral part of computation (whether Boolean, Algebraic, Differentiation or Integration), and a means of exerting control over the extent (effect) of that randomness.
- 7. Linking *all* of the above together to create Corrective regulatory real-time feedback looping (whether individual O(1) or multiple O(N) phasecoherent) that is integral to all decision-making throughout the entire system at every level (input selection, memory reading and writing, etc.).

This is a very specific and clear definition, seemingly very different from McKenzie's[68]. It has remarkable similarities to the capabilities of any Computer which is running a truly pre-emptive multi-tasking Operating System (BSD, Linux) - a similarity that is explored below. Biological systems, which are known to operate at High-Order Critical Instability points (multiple selfcorrective loops which are then themselves connected, usually and crucially in a non-Directed Graph), also meet the definition. Ant colonies and Bee colonies <sup>14</sup> also meet the definition.

# High-Order Critical Instability

Hankey[24] describes High-Order Critical Instability:

The first important result derives from showing that critical instabilities contain an infinitesimal 'perfectly self-observing loop' of information

He goes on to point out:

This occurs in the case of critical instability in flowing fluids, which occur at the critical Reynolds number 5

Below it is observed that a PID Controller, used to counter the effects of latency, surprisingly meets Hankey's definition, as the "loop" in PID Control involves differentiation and integration with respect to time of:

- the input variables desired target and measured output (present),
- the recorded prior state of the variable (past),
- and the *desired* output variable (future).

<sup>&</sup>lt;sup>14</sup>as separate and distinct from the individual ants or bees themselves

This aspect of PID Control - linking past, present and future to predict and control without wild fluctuation is the very heart of Consciousness.

Remarkably, Anti-Virus software, by virtue of needing to check its own executable for virus infection, and also needs to monitor and stop real-time intrusion, including in what is supposed to be low-latency network traffic (web pages), also narrowly meets - or comes very close to meeting - the definition.

However before getting to these examples, it is important to go over how they were derived from the Properties of Consciousness.

# 3.1 Boolean Logic and Algebra

With the exception of Analogy, which depends on much more than Logic or Arithmetic operations, this was already partly covered above, from a simple analysis of Advaita Vedanta Epistemology (types of knowledge).

In some ways, adding Algebra to the definition is a bit of a cheat, because as any Computer Scientist or VLSI Engineer knows, Arithmetic operations may be built out of Boolean Logic Gates. Historically, the NOR Gate was used, <sup>15</sup> but when ASICs replaced transistor boards, the NAND gate was used. Either way: NAND or NOR is sufficient to build upon to create AND, OR and NOT. From there, XOR is constructed, and from all of those even the most complex Floating Point arithmetic units are ultimately constructed.

Within Biological Spiking Neural Networks it is wellknown that both excitatory and inhibitory behaviour exists: combining these with the primary functionality of axons results in basic Boolean Logic operations, and as a result more complex logic - inherently parallel in form - occurs.

# 3.2 Differentiation & Integration wrt time

In Biological SNNs, the ability to perform integration with respect to time is carried out at a fundamental basic level by every neuron. A chemical (neurotransmitter) accumulates inside the neuron, and its quantity increases - as time progresses - with every synaptic firing.  $^{16}$ 

Additionally, neurons can either be inhibitory or excitatory (to other neurons), and the combination allows for Boolean Logic "Difference" between two states to be performed: the state that the neuron is in, and the state represented by its input. If at any given time the current state is compared with the previous state, this is pretty much the definition of Differentiation.

Combining these two aspects, then, it can be said that every neuron has the crude ability to be part of perform-

ing both differentiation and integration with respect to time. With that ability noted, and likewise occurring in other examples, it *has* to be part of the Definition.

# **PID** Control

In Software Engineering and Mechanical Engineering, there is a concept known as PID Control: Proportional Integration Differentiation[25].

PID is essential for example in vehicle design to ensure that under unpredictable real-time driving, the engine is supplied with the right air-fuel mixture that will not cause catastrophic failure due to overheating. "Cruise Control" also uses PID to avoid the vehicle constantly oscillating around a target speed. Likewise in Gas boilers or Central Heating, PID Control helps with the significant latency involved in heating up of metal components. 3D Filament Printers also use PID Control to ensure that the heater block's temperature does not wildly fluctuate.

PID Control is *by definition* a form of real-time corrective feedback, that helps avoid oscillation and instability, correcting and accounting for delays between when a control signal is sent and when that control signal actually takes effect. Thus: wherever PID Control is used, even if implemented crudely, even in systems not normally considered as candidates for meeting the proposed definition of Consciousness, it should be considered significant.

So it is not just that a Conscious system must have Differentiation and Integration wrt: that must then be used to create real-time-adapting feedback that takes into account latency from input to output - aka "PID Control". Anyone who watches horses, chicks, or human babies attempting to stand for the very first time is witnessing PID Control at work with what is clearly the wrong initial settings. The fascinating bit is how quickly the horse, cow or chick adapts to the correct settings such that it can stable stand upright. <sup>17</sup>

# 3.3 Read and write storage

Even a cursory discussion of the need for internal storage (memory) and the ability to read and write to it should not be undervalued. It should be self-evident that without an ability to store information from the past, and without the ability to selectively recall that information, all of the other aspects of Advaita Vedanta Epistemology - Comparison, Inference, Analogy - all become flat-out impossible.

Note that the storage medium itself *and* the capability of actually reading and writing are needed, but without that storage medium itself - even if limited to storing

<sup>&</sup>lt;sup>15</sup> for example in the CDC 6600, notable for the largest single purchase of transistors in the world

<sup>&</sup>lt;sup>16</sup>However, if there is an absence of firing, the neurotransmitter decays, but this is detail

<sup>&</sup>lt;sup>17</sup>Which begs the question: why do human babies take so much longer?[26]

only a single piece of information - Consciousness simply cannot arise.

Also it is crucial to note that randomness must be considered an input source, discussed separately below.



#### 3.4Selection of input and output

Figure 2: Thalamocircuit courtesy of Zachary Barry

Selection of input as a source, and whether to write to storage or output as a destination, becomes much more complex to discuss than the storage medium itself. In implementations of Computer Operating Systems, considerable effort is expended to ensure that unwanted data writing is prohibited, and that programs are likewise only allowed to read from permitted sources <sup>18</sup>: Viruses and other Malware, just like their biological namesakes, are in a constant battle to bypass these critical restrictions.

Worth noting is Advaita Vedanta's identification of being able to switch awareness from "eyes of self" to "self". Rather than is widely believed to *exclusively* imply spiritual transition, it may also be interpreted to directly imply active control over the selection of input. "Our own eyes" is an external input, whereas "self" is presumed to refer to an *internal* perspective (qualia). In figure 2 it can be clearly seen that there is inhibitory interneurons on the thalamic neuron, from both Ventrobasal (input) and Centrolateral Cortical neurons. Thus, switching from "self" to "eyes of self" is quite literally hard-wired into the Human brain layout.

It is strongly suspected that the Thalamocircuit's input source selection is mutually-exclusive at a global level: an application of Jankowska's [27] Bi-stable circuit. Further: interference with the same (such as with LSD) would cause visual hallucination, due to unwanted mixing of random gualia combined with actual visual input, that is then "reconstructed" [39] into what becomes a hallucination. This is worth investigating further.

#### 3.5Randomness

It turns out that randomness is an absolutely essential part of neural network information encoding. The technique is known as "whitening" and has the startling effect of increasing entropy. Pitti Weidmann and Quoy's approach shows that the biological equivalent of "Error Code Correction" from Computing corrects for randomness introduced by the crudeness of encoding[29].

The introduction of random noise uniformly increases the rate of firing across an entire Neural Network layer (or layers). Consequently, any rare events, such as the firing of a single cone from a single photon source, may be detected. Without the uniformly-distributed randomness, the rare event would be lost below the triggerthreshold of the neuron that the input was connected to. Paradoxically, adding white noise *increases* Q-value (sharpens the image).

#### **Real-time regulation** 3.6

Here is hints regarding the corrective feedback regulation being also involved. The regulation is necessary to keep the entire Neural Network "active": neither overloaded nor underloaded. A classic example of regulation would be the muscles in the eye controlling how much light reaches the retina. Thus when there is considerable light, causing the visual cortices to fire, the quantity of randomness may be reduced, and likewise during darkness, when there would otherwise be less activity, the quantity of randomness increased.

The effect then as noted by Pitti Weidmann and Quoy is that the network "adapts" to an approximation of logarithmic behaviour (interestingly using a biological equivalent of binary encoding), thus being able to cope with several orders of magnitude difference between dark and light.

#### Specific observation on PID Control 3.7

What exactly is PID Control? [25]

a PID controller, which continuously calculates an error value e(t) as the difference between a desired setpoint SP = r(t) and a measured process variable PV = y(t) such that e(t) = r(t) - y(t), and applies a correction based on proportional, integral, and derivative terms.

<sup>&</sup>lt;sup>18</sup>files, memory, peripherals



Figure 3: PID Control by Arturo Urquizo

Inherently and immediately it is clear that time is a critical input, and that it is the *difference* between the input and the measured output that drives the Control. To illustrate a key aspect of a PID Controller: setting P=1/I=0/D=0 results in the difference e(t) being directly added back on. <sup>19</sup> Therefore in the very first time interval the entire PID Controller "eliminates" itself as a degenerate case.

Also noteworthy is that some PID Controllers have a "deadband" feature, to prevent over-activation: a minimum threshold below which the output does not activate. Biological neurons have this capability, and also have an "over excitation" limit as well, which presumably solves the other issue faced by PID Controllers: Integral windup. <sup>20</sup>

A key insight here is that if a neuron has a tight loop back to itself, then in effect the presence of the ability to Integrate and Differentiate wrt means that a neuron bears a remarkable resemblance to a PID Controller. This begs the question: where in a neuron does the "P" (Proportionality) factor come in? It may be reasonably assumed to be part of the electro-potential of the "circuit" - the loop between the neuron output and its reconnection to the input, but, fascinatingly, via a resistance: firstly the length of the axon, and secondly by the resistance introduced through the synaptic terminals. If it can be established that the input is influenced in some directly or crudely proportional way along this electrical path by the difference in the firing rate of the output measurement (which will be "gating" the input) then the "P" of PID Control emerges. 7 This would be a fascinating area of future research: a refinement and exploration of Renshaw Loops.[30] 4

#### **Renshaw Loop self-tuning**

A Renshaw Loop controls muscle activation, as regulated by a "sensor" (stretch receptor) which reads the muscle's actual state. However this observation is curious and likely significant as far as PID Control is concerned[31]:

> The rate of discharge of the Renshaw cell is broadly proportional to the rate of discharge of the associated motor neuron(s), and the rate of discharge of the motor neuron(s) is

broadly inversely proportional to the rate of discharge of the Renshaw cell(s).

Already it is thus established that there exists, from the Renshaw Inhibitory neuron, a form of "P" (Proportionality) found in PID Control. The rationale as to why Nature would have the discharge rates being inversely proportional remains to be seen, and may lead to more effective design of PID Control.

With the similarity between a PID Controller effectively achieving the same task as neurons (or a pair of the same - one excitatory and one inhibitory) that have a feedback loop to (or between) themselves, it is suspected that Biological neurons will perform some sort of feedback similar to the Relay method[32] (developed by Åström-Hägglund) to "auto-tune" and naturally develop stability.

On its own this would be another fascinating area of future research, 6 as well as exploring why it appears that Renshaw Loops also create a Bi-Stable Latch interinhibitory arrangement[27]



Figure 4: Bi-stable Latch shown by Elzbieta Jankowska

#### **3.8 Wave Functions**

Regarding Wave Function collapse: the goal is to represent 1:1 "input is preserved as output", given that output is linked (looped) back as the input, and consequently has a delay.

Removing the word "Wave" as extraneous, the goal of the *Function* is to stably preserve 1:1 the relationship between input and output, despite latency.

PID Control clearly meets this definition, which then has implications back to Quantum Wave Functions given that firstly the sum of all probabilities must be 1.0 and secondly when applied to input and output there must be only one single answer. Given that *some* Wave Functions may produce 50:50 probabilities <sup>21</sup> it is clearly **not** the case that all Wave Functions result in Consciousness, as Consciousness is known to be a "distinct" experience.

The additional issue with the declaration that Quantum Mechanics probability Wave Functions can be used is that Wave Functions, by mathematical definition, have no built-in concept of time. Correct usage of Wave Functions is well-known to be "simply an expression en-

<sup>&</sup>lt;sup>19</sup>admittedly after being redundantly multiplied by 1.0

<sup>&</sup>lt;sup>20</sup>a large change which (due to Integration) amplifyingly-accumulates and overshoots, causing uncontrollable oscillation

<sup>&</sup>lt;sup>21</sup>double slit experiment

compassing probabilities", and further that it the *user* of that function that makes the decision to associate "meaning" to its use. The assertion that Consciousness can be expressed *purely* through Wave Packet Reduction is easily and unfortunately demonstrably false.

That said: Gabora and Ranjan postulate a theory of Memory that involves unintentional *but useful* mixing of properties when a Distributed Content-Addressable Memory is the underlying architecture, resulting in "Insight". In a similar fashion, Sipling Zhang and Ventra[37] show that short-range correlation turns into Long-Range Order. These two descriptions of how memory recall in the brain works appear not just to be compatible but also appear to have the characteristics of "Collapse of a Wave Function" i.e. resolve coherently to to a single "answer".

Perhaps, then: when a Wave Function "collapses" to *two* answers, i.e. unintentionally combine the distributed CAM lookup of two separate ideas with the same qualia CAM key subsets, this is what Gabora and Ranjan call "insight".

### 3.9 Conclusions so far

At a high level:

- many types of Advaita Vedanta knowledge map onto Boolean Logic Operations
- others describe input and output (senses)
- others describe storage (mind) or what may be assumed to be *in* that storage (facts or tenets)

Which resembles a remarkable similarity to the specification of any modern Computer, comprising:

- An Arithmetic Unit
- I/O and peripheral management
- Memory (both short and long-term)

Further aspects:

- A source of randomness and
- PID Control for real-time stabilisation and resource management

These share the same characteristics of modern Multi-processing Operating Systems such as FreeBSD, GNU/Linux, GNU/Hurd and many others.

It was also identified that at least the Renshaw Loop (one inhibitory neuron directly linked to a muscleexcitatory one) may be a type of self-adaptive (selftuning) PID Controller, and that there is the beginnings of hints that this type of "self-observing loop" that may take into consideration additional input, may be where Consciousness begins. Hankey's 2019 paper [24] states:

> From our analysis above, critical instability seems to offer a basic solution. An in

finitesimal, self-observing information loop functions like 'a self-knowing itself'. Clearly, the information flow in the loop is 'informing itself'. What does it tell it? Nothing, no measurable property (no thoughts), no qualia (no feelings) But: it provides a basis of self-reference for any information added on top of it

PID Control - which takes its own output as an input - clearly meets the criteria of being "self-observing", and also takes into consideration external information (whether a muscle has contracted or not)

So it would seem that the primary locii of Consciousness is in the self-referral loop, and that everything that surrounds it (Memory, Sensory input, outputs in the form of sound and waste byproducts in biological entities) is almost... incidental, but isn't.

"Self"-awareness, if taken literally, is a loop into which past and present information can be used to create (and apply via outputs) a prediction of the future. With the latency of the application of any "change" being an unavoidable reality, the Modelling *has* to take that latency into account. This is where I and D of PID kick in.

# 4 Examples meeting the Definition

This section goes through some examples - by no stretch of the imagination a complete list - that meet the definition of Consciousness *in the strict sense*. This does not make the definition correct: rather it is a two-way process of refinement. <sup>22</sup> The more examples, and the greater the diversity, the greater the "differences" and the greater the opportunity to identify the correct qualia comprising that which may be termed "A Definition of Consciousness". Ironically, early drafts of this paper missed out the crucial "self-referral loop" (explored below).

### 4.1 Operating Systems

Pre-emptive multi-tasking Operating Systems are, after over 50 years, still an active area of research for improvement. The issue is that tasks (tens to hundreds to thousands and beyond) need fair allocation, on-demand, in real-time, without resource starvation including I/O, Memory of at least three different kinds, and including negotiation for strict "locking" of resources that could become corrupted or damaged. <sup>23</sup> Failure to perform adequate resource management can result in data corruption or catastrophic failure or security breach.

To complicate matters further there is frequently multiple processors available, all of which must be allocated tasks.  $^{24}$ 

<sup>&</sup>lt;sup>22</sup>again demonstrating through the writing of this paper the application of Advaita Vedanta Epistemology at work

<sup>&</sup>lt;sup>23</sup>Locking contention is so important and itself both resource-intensive and time-critical that hardware-level support is needed

<sup>&</sup>lt;sup>24</sup>In the case of IBM servers the number of cores can exceed 1,000

The criteria are met as follows:

- 1. YES Boolean Logic and Algebra a given.
- 2. YES differentiation and integration wrt. achieved through software.
- 3. YES read and write Memory a given
- 4. YES select inputs also obvious.
- 5. YES choose where to write again also obvious.
- 6. YES Access to a source of true randomness absolutely necessary, for both security purposes as well as resolving contention
- 7. YES Coherent Corrective regulatory real-time feedback also essential.

The corrective feedback involves ensuring that when there are multiple tasks attempting to access the same resources, there is no oscillation between glut and famine.

Overall, it is very strange to find that a Multi-tasking Operating System could be considered "Conscious" aware of its state, aware of its past state, and so on, and reacting - adapting - *in real time* to meet its purpose.

#### 4.2 Anti-virus software

Looking at spamassassin (a FOSS product with full source code published) and its use of a service called "razor", and other services, it is clear that this very sophisticated software is capable of real-time pattern-matching (Bayesian Inference) based on information that is captured, synthesised and distributed from ongoing worldwide spam and other types of attacks.

"spamassassin" is designed to identify and cut spam. Without the additional plugins it has limited but reasonably-effective capability but needs some manual assistance in the form of "training" to recognise what is and is not "spam" (unwanted unsolicited email).

However, spamassassin's use for spam detection is not the same as Anti-virus software (although it could be used for the same), which involves additional tasks: monitoring real-time network traffic (web pages and downloads as they are happening), and monitoring of programs, some of which may already be running, some of which may be started without the user's knowledge.

It is quite crucial to note just how sophisticated Viruses have become: there is a type of "Polymorphic" viruses and they literally change themselves to evade detection. Simple pattern-matching, the mainstay of Anti-virus software, just doesn't work when the binary executable is evolving, just like a Biological virus, right before your eyes.

One very important job of Anti-virus software is to check that it has not *itself* been compromised. Additionally, one of the insidious aspects of Anti-virus software is to *modify* or replace system calls ("please read file XYZ from disk") to hide their existence! An example would be to replace the "file read" system call with one that, if the user ever tries "please read file KNOWN\_VIRUS.EXE from disk", it responds "File Not Found" when the file does, in fact, clearly exist.

To overcome this problem, programs in the FOSS world such as "rkhunter" and "chkrootkit" are therefore recommended *not* to be run on a live system if possible, but to be run instead from a "known-good" secure bootable media that then double-checks the contents of a Hard Drive containing the Operating System which could have been compromised. The theory being: if the OS on that Hard Drive has been compromised, through the Virus "lying" through compromised System Calls about its existence, only by booting from *trusted* media can signs of the infection be detected.

With this background in mind, here are the criteria:

- 1. YES Boolean Logic and Algebra
- 2. PROBABLY differentiation and integration wrt.
- 3. YES read and write Memory
- 4. YES select inputs
- 5. YES choose where to write
- 6. YES Access to a source of true randomness
- 7. NOT KNOWN Coherent Corrective regulatory real-time feedback

The latter is unfortunate and ensures that Anti-virus software may not meet the Definition. The reason is that the source code and behaviour of *Proprietary* Anti-virus software is simply not available for inspection, and FOSS Anti-virus and anti-spam software has both different roles or less capability.

It would be nice to know if Proprietary Anti-virus software had the ability to perform real-time corrective feedback in its detection of Viruses (including infections of itself) but without the source code it is just not possible to check.  $^{25}$ 

#### 4.3 Humans

The match against the Definition of Consciousness is at a low-level, particularly the Algebra. Mathematics is taught. <sup>26</sup> Below is at the *Architectural* level of human neurophysiology: <sup>27</sup>

- 1. YES Boolean Logic and Algebra
- 2. YES differentiation and integration wrt.
- 3. YES read and write Memory
- 4. YES select inputs
- 5. YES choose where to write
- 6. YES Access to a source of true randomness

 $<sup>^{25}</sup>$ good luck asking Proprietary AV sellers to reveal confidential secrets that could compromise their ability to defeat Virus writers  $^{26}$ Put another way: human babies are not born with the inherent ability to calculate pi to a thousand decimal places

 $<sup>^{27}</sup>$  as opposed to the psychological state of mind, or the post-educational mental capacity

7. YES - Coherent Corrective regulatory real-time feedback

All of these features are identifiably either part of the brain structure, nervous system, the neurons, or may be observed or deduced. Long-term Memory for example includes Epigenetic DNA encoding directly in the neurons[28].

It really is rather unfortunate that it cannot be stated, categorically that all humans are Conscious - i.e selfaware. It has to be objectively acknowledged without judgement that there is sadly a large proportion of the human race who go through their lives literally by rote, responding with nothing more than "by-thebook" socially-programmed epithets their entire lives. Nothing about their existence involves Creativity, spontaneity or Creative thought. It may even be the case that such individuals displaying the "by-the-numbers" rote response characteristic never exhibit random unpredictable behaviour of any kind, although this would require an extensive study to prove.

When therefore referring to Consciousnessness, it has to be borne in mind that there exists a *potential* for every human to exhibit this astonishingly-beautiful characteristic, and that even if it cannot be properly defined formally, it is a reasonable hypothesis to put forward that anyone who is themselves Consciously aware can instinctively tell if they are interacting with another human being exhibiting the same. How, exactly, when there is *no known definition of Consciousness* let alone one that is shared and agreed upon by any two given "Conscious" humans interacting with each other (even for the first time), is a startling paradox worth exploring in its own right.

Frustratingly there is not much more that can be said about the non-correlating Inference Human=>Conscious vs Conscious=>Human other than to reiterate the irony that any given Conscious being (typified by a given selected human as an example) *does not* need to know the *defined properties* of Consciousness in order to exhibit those very same properties! We (humanity) owe a massive debt of gratitude to anyone and everyone who has made even the slightest effort, successful or not, to anyone attempting throughout human history and modern times to document or study the elusive topic of Consciousness.

# 4.4 Gene Regulation: Epigenetics

Hankey notes that a higher-order system must be capable of modelling the lower-order systems it utilises, but it is also worth pointing out that a driver need not know how brakes or accelerator work in order to use them. Conversely though: an Engineer with knowledge of Mechanical Design, and the Laws of Physics, may have less vehicular accidents.

or other complex molecular assembly inside an individual Cell, follow a similar pattern of comprising multiple inter-related phase-coherent and inter-coordinated feedback loops.

In a nutshell, without introducing critical instabilities into the equation, but instead describing the *achievements* of the system:

- Disease is detected
- Anti-body production is triggered
- Effectiveness is measured
- Parallel production of anti-bodies adjusted
- Disease is defeated
- Anti-body production ramps down

Where there is a delay in both the production of the anti-bodies and also a delay in the detection of defeat of the Disease.

Looking at this objectively it looks like a classic PID Control problem: both differentiation and integration are needed to account for past and future-projection, avoiding oscillation, undershoot or overshoot. Except that unlike a classic single PID (controlling a single heater for example with a single thermistor measuring boiler gas temperature), it is a massively distributed problem which requires significant and careful cohesive coordination to ensure that firstly the disease is defeated and secondly the body's resources are not exhausted due to over-production of anti-bodies.

From his Definition of Consciousness that is expressed in terms of perception memory imagination and "self", explored in-depth below in Section 5.9 as being similar to this paper's Definition, McKenzie's opinion is that:

> the adaptive immune system can be considered conscious. Such a collection of cells can detect and interact with antigenic stimuli due to its perception, memory and imagination of antigenic shapes (through longlived cells in combination with recombination and somatic mutation of antigen receptors). Given that the adaptive immune system undergoes a tolerance to 'self' such that it can identify 'non-self', the adaptive immune system is capable of consciously deciding how to respond to new antigenic information.

It is not just a distributed problem as far as production is concerned, either: it is a distributed *detection* mechanism as well, *and* a distributed delivery mechanism to ensure that the anti-bodies reach the site of the disease.

It should not come as a surprise in any way to learn that evolution would come up with a distributed system, on the basis that any system that was dependent on a single point of failure would quickly be eliminated from the gene pool. Likewise it should not in any way be a surprise to learn that viruses - evolutionarily -

Both Gene Regulation for disease fighting, and protein

adapt, in the face of such sophistication, to utilise similar redundancy (multiple seemingly-effective-redundant genes and gene combinations) to evade defeat.

As an aside, complications arise in cases such as Epstein-Barr Virus which interferes with both Vitamin D and Zinc transport: furthermore it goes "dormant", making a full bone-marrow transplant the only effective way to eliminate it. The point being, here, that even a fully-functioning and healthy immune system may not necessarily eradicate a given disease entirely, but still achieve its "designed" (evolutionary-driven) objectives: maintain perfect health.

Epigenetics therefore has much to teach to Computer Science, especially in the area of Distributed Computing. Distributed Computing is a known-hard area of Computer Science: very few popular and useful fully-distributed software programs exist, the most well-known first highly-successful one being BitTorrent, which came under heavy political and Mafia-driven fire, touted as "criminal" in order to suppress its use. Bittorrent's primary success stems from its search/discovery mechanism being entirely distributed, which involves Multi-dimensional (the term hypercube is used) "nearest neighbour" recursive search.

#### 4.5 Mills Electron

Mills[33] derived formulae to describe the properties of the electron to 10 decimal places with no postulated "magic constants". Contrast this with the Standard Model which is well-known to have 27.  $^{28}$ 

The basis of Mill's theory is that a photon enters a selfstanding self-phase-locked self-travelling infinite loop, and judicious use of Maxwell's Equations and Jackson show that the resultant EM Field is a perfect spherical shell with uniform force distribution, corrective feedback, and a non-radiating Boundary Condition such that a Special Relativity Correction may be applied to turn what would otherwise be the Bohr radius into the Compton wavelength of the electron.

The crucial aspect of this Model is that, astoundingly, it meets the definition of Consciousness.

- 1. YES Boolean Logic and Algebra achievable through Spherical Harmonic algebra, notably superposition, and other EM interaction.
- 2. YES differentiation and integration wrt. achieved through phase-differences and the fact that the photon inside the electron has both phase and frequency
- 3. YES read and write Memory the electron is ef-

fectively a miniature magnet: very crudely put it can either be in a N-S state or a S-N state. Additionally it fits Orbital shells, *including* Fractional ones[34]

- 4. YES select inputs sort-of. this will be phasedependent as well as involve the phase and frequency of any EM interactions.
- 5. YES choose where to write sort-of. again, the system is so simple (yet non-deterministic) that "choose" is almost the wrong word
- 6. YES Access to a source of true randomness at a high level, any external interaction will have no idea what the phase is. additionally, the electron has access to vacuum potential energy at any time.
- 7. YES Coherent Corrective regulatory real-time feedback - this gets complicated and requires special consideration below.

Regarding randomness: wave-particle duality is wellknown: what is less obvious is that Mills shows that if the electron is a circulating photon, then of course at close range it "behaves" like a wave because it *is* a wave. Consequently interaction with the phase and frequency dominates. However at a distance, the particle looks more point-like, and the phase in particular is drowned out by the relative scale of the interaction. On *approach* however, during a transition from particle-like to wave-like, there is still simply no way to know what the phase is: hence a *probability* function would be the most pragmatic approach. <sup>29</sup>

Regarding coherence: an aspect of the Mills Model is the self-standing self-phase-locked circularly-travelling photon. The implications are that if any given looping is considered to be representative of "self" (self-state, by definition being the photon's EM phase and magnitude at any given time - I and Q in radio terms) then that loop clearly *superimposes* with all prior loops, recursively and infinitely. Further: any change at any given moment *immediately* shows up as a phase-differential between the current and old states.

This very precisely matches with the working definition of Consciousness: infinite self-observance. Additionally the strict Mathematical definition of Mill's theory, having no postulated magic constants of any kind, provides extremely valuable clues as to the potential Mathematics behind Consciousness. Notably: the coherence of the infinite cumulative self-superposition with respect to time.

An individual electron, being a fundamental particle, would be expected to be simple. However what is unexpected is that *within its domain* it meets the Definition

<sup>&</sup>lt;sup>28</sup>Mill's strong criticism of Quantum Mechanics is easily justified on observing that QM covers probabilities, and has no concept of "time". By moving everything to the Frequency Domain the mathematics becomes unnecessarily complex, but crucially the *position* phase and magnitude at any given time of components within a particle may not be considered "exact": instead "probability" is conceptually used, which immediately rules out Discrete Event-driven Simulation, Computational Fluid Dynamics, and many more well-known tools from being useful. Further discussion is out of scope, other than to highlight that QM is never going to successfully describe Consciousness.

 $<sup>^{29}</sup>$  this does *not* imply that a probabilistic approach is always the best at all times

of Consciousness. This requires strong emphasis: it is *not reasonable* for a tiny system to meet the same level of sophistication as a whale, dolphin, primate or crow. It is however perfectly reasonable for a system to display *appropriate* levels of "awareness" within the context of their resources and design purpose.

In short: it is *not possible* to dismiss an Electron as being "Conscious" - caveat being "within the context of its resource limits".

# 4.6 Simple PID Controller

A Simple PID Controller also barely meets the Definition of Consciousness, but in a strict purposeful mathematical way. The reason is that its construction is very similar to the Mills Electron Model, but crucially it is easier to understand.

- 1. YES Boolean Logic and Algebra achievable by definition.
- 2. YES differentiation and integration wrt. again by definition, the I and D of "PID"
- 3. YES read and write Memory an internal variable is needed: the desired target value, from which the "difference" is computed and fed into each of the three proportional contributions.
- 4. YES select inputs if the P I and D constants may change over time (such as in a biological neuron e.g Renshaw Pair) then input may be "selected" or at least "used in calculations".
- 5. YES choose where to write again sort-of, by varying P I and D.
- 6. YES Access to a source of true randomness -PID Controllers by definition are designed to take into account randomness, and generate corrective feedback.
- 7. YES Coherent Corrective regulatory real-time feedback again by definition a PID Controller is *designed* around corrective feedback.

It can be seen that in the strictest sense a PID Controller can be deemed "Conscious", given that "self" state and crucially the *difference* between desired and actual target value, is infinitely looped-in to the output. Also fascinating to note that the design of the "traditional" PID Controller has the same "instability" as humans if presented with too much information (too big a statechange). This is down to the Integral part creating too large a cumulative contribution at start-up, sending the system into a wildly-oscillating state.

It is remarkable that Engineering Design analytically solved the same problem as Biological Systems, and, again, the PID Controller provides key Mathematical insights.

# 5 Discussion

There is a significant range of topics to cover. The discussion is broken down first into general inter-related discourse, then some specific areas.

### Metaphysical questions

A very important question: does Consciousness arise purely from the arrangement of neurons into Cortices, or does Consciousness arise from the creation of an Electromagnetic spectrum (measurable for example with an EEG) caused by a particular pattern that a Conscious human can "enter"? This is not in any way an easy question to ask let alone answer: up until this point, the entire paper has *assumed* that Consciousness in humans is expressed exclusively by and within the neural structure of the brain, its hormones, chemistry and its wiring. 27

An additional question lies in whether there is some aspect of Consciousness that requires special but previously-undiscovered aspects of either physics, Particle Theories, or the Universe itself. However we can be partly but not completely reassured that there are additional examples that meet the Definition, without requiring metaphysics <sup>30</sup>, but note that judgement either way is very much premature and prejudicial, and leave it as an open question for future study. Such study would need to take into account Hankey's observation[35]

> "...Sheldrake's story of 'Nkosi the African Grey parrot. 'Nkosi can accurately call out the names of images viewed by her mistress in another room (21)."

and that

Consciousness is associated with high levels of correlation... correlations are ... longrange criticality correlations.

and further Tregub's[36] observation:

This problem is not about something over and above physics. If it is above current mainstream theories of physics, this does not mean that science must fail. We just have to work out new explanations [new theories].

and be willing to accept them.

# What is Long-range Criticality?

Long-range criticality correlations, a hallmark of self-organized criticality (SOC), describe systems where correlations extend over large distances in time and space, exhibiting power-law scaling behavior.

What comes intuitively out of this, particularly when looking at how a PID Controller ensures a 1:1 correlation between desired and actual target, in the face of

<sup>&</sup>lt;sup>30</sup>or, much worse: non-physical theories

both latency and noise, is the question "how may this same looping be applied to multi-valued information?" aka "a vector". To clarify: a PID Controller may be considered to be single-value self-preserving self-referral information, but what mechanism would similarly preserve *multi-valued* information? <sup>31</sup> This is where Longrange Criticality potentially comes in.

Sipling Zhang and Ventra[37] show that memory alone is sufficient to induce a phase of spatial long-range order (LRO), and it would seem that this situation is also what Hankey is describing: Long-range Criticality Correlations, which it is seen has key properties: power-law scaling behaviour and phase/frequency correlation, despite long-distance separation.

In other words: a "memory" in a suite of Neural Network Cortices is:

- constructed from "properties" (a qualia) not from "the data itself"
- distributed
- exhibits long-distance phase-correlations
- the rate of change of the memory is slow and
- the rate of access and use of that memory is faster than the update speed of the memory.

#### Memory: constructed from properties

The construction from properties, as noted by Tononi and others, means that any given Memory is "scalefree" [38]. Computer Scientists will be familiar with IEEE754 floating-point encoding, where mantissa exponent and sign are allocated fixed bits: it is not a great leap of imagination to envisage that Evolutionary pressure resulted in a similar system, especially when the word "logarithmic" is mentioned in scale-free research on the Brain such as that by Sipling Zhang and Ventra[37] and by Pitti Weidmann and Quoy[29]. Also: Gabora and Ranjan postulate that actual Memories are reconstructed from their associated qualia, rather than stored verbatim.

For anyone familiar with Distributed Databases (OpenLDAP for example) that is primarily designed as a read-intensive store, the above characteristics should be instantly recognised as "obviously necessary". A Slow update rate allows for distributed replication of data ("Memory") without huge design complexity, providing for much faster localised processing, without data corruption occurring (one Node using out-of-date information).

Hankey again notes:

Freeman's discovery that self-organized criticality is present in EEG wave packets associated with mental cognition.

## Self-organized Criticality

Whatever is going on, then, in Neural Networks, there appears to be evidence of at least "persistent repeated time-coincidental firing" across *multiple* neurons if not entire Cortices, and that somehow this is also a property which inherently creates not just "Memory recall", but also, perhaps through the looping (with gain=1) associated with ensuring the Memory is long-term persistent, conveys an "experience of self" alongside it.

This hints at a hypothesis where "self" is simply a suite of abstract properties, none of which have any kind of formal name, unlike "concrete" properties such as "is female" or "is blue" or "is numerically greater" or "is loud". Further, that there exists a "masking" system <sup>32</sup> such that in any given memory-recall-and-processing, some (or even all) of the properties may be "removed from processing consideration", but without disabling the actual recall and self-referral looping mechanism.

```
| cortices: vector of qualia.
| self-properties | external ideas |
| 11111111111111 | 00000000000111 |
| transcendence (hypothesis 1):
```

#### **Implications of Transcendence**

Hankey proposes that Transcendence occurs when the qualia is an empty set:

```
<======0
  <=====0
      . . . . |
        <0 | empty set
```

T

An alternative proposal is that the mask instead is the empty set:

```
1111111
Т
 <======0
0111111
 <======0
. . . . .
  0000000
<======0 | becomes equivalent to</pre>
 <
          0 |
```

In other words: the occurrence of Hankey's Long-range Criticality, also known as Tononi's cause-effect lookup, is not prevented from occurring by the predicate mask happening to be zero: it goes ahead regardless but is always guaranteed to produce a null result. This has some rather startling implications for the meditative "Transcendental State" of Consciousness, not least that by pure chance at any time our "source of randomness" may kick in, and in such a state may any random set of mask values suddenly switch on, inspiring what amounts

<sup>&</sup>lt;sup>31</sup>and do so *scale-free* - explored later

<sup>&</sup>lt;sup>32</sup>known in Vector Processors as a "predicate mask"

to a completely new and innovative "Thought / Memory" to occur - defined as "an associated set of properties aka qualia".

Furthermore it is also not hard to agree that such a completely-random (new, innovative) Thought / Memory / Property-set has a statistically-negligeable chance of occurring whilst "The Mind" is preoccupied with the processing of other "day-to-day" thoughts, as even the presence of a minimalistic qualia, a "prior experience", would interfere with and/or become part of what would otherwise be an entirely new idea (qualia). <sup>33</sup>

Put another way: defining a thought as "a vector of properties aka a qualia": if "all possible associations between all possible thoughts, and the thoughts triggerable by the same" is a Directed Graph, and the associations all involve **known** properties, how can an entirely new thought, comprising properties **not** in **the set** of **prior experience**, ever be triggered? Answer: it literally can't. However *if* such a thought were to occur, its properties could inspire exploration to link it to "Known Experience".

Worth noting is that the purpose <sup>34</sup> of Transcendental Meditation would, far from being part of "a religion" or "a spiritual practice", by - putting it crudely and simplistically - allowing "new random thoughts" to spontaneously arise, appear to be to offer the opportunity to take advantage of a *biological* built-in capacity to make solving problems easier than they would otherwise be (without Transcendence). <sup>35</sup>

### 5.1 Distributed Memory and Creativity

Gabora and Ranjan mention that memory is *recon*structed rather than recalled. Further that superpositions of properties unassociated with the original memory can occur by accident.[39]

As an aside it is important to appreciate that "time" may also be considered to be a property (or a qualia in its own right). Examples would involve "ten seconds ago" being broken down into the separate properties "now" and "ten seconds" and "ago", and for "reconstruction" to take place as suggested by Gabora and Ranjan on what explicitly constitutes "ten seconds ago".

This has implications for what is considered to be different "types" of Memory, specifically that they may not be different at all[41]. What is clear however as Tononi points out is that *different categories of properties* get handled by different parts of the brain. One area is dedicated to colour identification, and another involved in spatial awareness shows an expected "grid" patterning. <sup>37</sup> Time also has its own special area of the brain. The point ultimately being that to recall any type of Memory requires "Activation" (involvement) of different categories of properties, combined to create a qualia.

If 100 percent accurate, any given qualia is a key into a distributed key-value store. However if individual qualium (a property) or subset qualia can also trigger distributed recall then the Memory acts more like a Content-Addressable Memory (CAM). Given that it looks like rudimentary processing is built-in, Conscious beings are looking more and more like an Aspex Microelectronics Array-string Processor[42]. Later Architectures (at least VASP-E thru F) had 256 bytes of CAM per Arithmetic Unit (ALU) - the VASP-F Architecture had 4096 parallel ALUs[43] and had "tag" registers (known in standard Vector Processing Computing terminology as "predicate masks"). The tags came into their own when involved in CAM lookups, as the results of one lookup could be stored in one tag register, then some Computation performed on that result: another tag register could be used as a predicate mask to disable some of the CAM lookups and other operations.

The very fact that lookups occur by properties means that accidental superposition is inevitable. A fascinating aspect of Gabora and Ranjan's work is that this gives rise to "Creativity" as well as the concept of "Insight":

> Because information is encoded in a distributed manner across ensembles of neurons interacting by way of synapses, the meaning of a representation is in part derived from the meanings of other representations that excite similar constellations of neurons.

(It is postulated that a representation is more likely to be *exclusively* derived).

Content addressability ensures that the brain naturally brings to mind items that are similar in some ... way

by accidentally combining two or more Memories that happen to share a subset of common properties. Where the common subset is very small, a more "outlandish" creative - thought might occur:

> She enters an associative mode of thought, and her activation function becomes flat, such that the associative structure of her memory is more widely probed.

Again this is referring to the early phases of a DHT-

 $<sup>^{33}</sup>$ It is important to refer to Tononi's properties of IIT, notably (summarizing) that the mechanism responsible for Thought/Memory lookup may not perform two simultaneous lookups, in any way

<sup>&</sup>lt;sup>34</sup> better put: the effect

<sup>&</sup>lt;sup>35</sup>Maharishi himself gave the analogy that crossing an ocean could be achieved in a rowboat and obviously would take significant time and effort, but that Transcendental Meditation is equivalent to crossing the same ocean by getting into a plane. You cross the same ocean - achieve the same "Directed Goal" [8], but the plane plainly<sup>36</sup> takes less time and requires less effort

<sup>&</sup>lt;sup>36</sup>mainly - except possibly in Spain

 $<sup>^{37}\</sup>mathrm{Could}$  this involve a biological version of Position Coding?28

like algorithm where smaller qualia subsets (potentially down to a single property) are initially used as lookup keys. It is suspected that graded control over lateral inhibition - as part of qualia lookup - are the mechanism by which this is achieved. Wikipedia's page on lateral inhibition[44] notes that it:

creates a contrast in stimulation that allows increased sensory perception

There is no compelling reason why this technique could not be applied more generally - to all qualia subsets not just to sensory perception. Or, more to the point: contrast in stimulation that increases sensory perception is, if Gabora and Ranjan are correct in emphasising that Memory is "reconstructed", likely to be much more general than previously suspected.

In short there appears to be confirmation by Gabora and Ranjan not only that there exists a type of DHT lookup in Biological Memory, but that it can accidentally, but usefully, result in "Creative insights".

#### 5.2 Memory (cont.)

In Biological Systems there may be different types of memory <sup>38</sup>. Tononi discusses how IIT (Integrated Information Theory) endeavours to extrapolate the defining characteristics of Consciousness[4] From expected principles "Composition Information Integration and Exclusion" a circuit diagram is derived, in figure 5.



Figure 5: Tononi illustrating Intrinsic Existence

What is remarkable about this circuit is that its functionality bears a close resemblance to a bi-stable Latch. And as anyone doing VLSI or Electronics knows, the Bistable Latch is the basis of SRAM (a fast but expensive type of Memory).



Figure 6: Bistable Latch: pair of NAND gates

Re-expressing Tononi's circuit to have inputs into both the AND and OR Gate, a quick check shows that when both inputs are zero, the state of the output from the OR gate is part of a cyclic loop between the OR and XOR. Put another way: if one input to an XOR gate is zero then the other input is alway equal to the output. Likewise with an OR gate (the difference between OR and XOR being when the second input is high, and it is when the second input is *zero* that is relevant). Therefore, linking an OR to a XOR in a cyclic loop preserves the state value, indefinitely.



Figure 7: Simulated Tononi circuit on logic.ly

However when the AND gate's additional input is activated, it can be shown that the only supportable value output from the XOR Gate is a Zero. Likewise when the second additional input, connected to the OR gate, is activated, the loop between the OR and XOR gate has no choice but to output a One.

This behaviour is by definition exactly that of a Bistable Latch.

There is however a minor issue with the circuit as expressed, namely that there are potential propagation delays, depending on the distance between the three gates and the speed of signal travel, which could introduce unstable activity when the AND gate's external input drops from One to Zero. This issue can be solved by the near-symmetric addition of another OR Gate.

However much more crucial to appreciate here is that Tononi's superb work is a first-principles reverseengineering inference, not a biological-based derivation, and as such it is possible to play with alternatives, whilst (wisely) ensuring the IIT principles noted by Tononi are preserved.

At this point, it is worth coming back to the PID Controller, or more specifically the excitatory and inhibitory pair which creates a Renshaw Loop, and noting that the pair naturally create an XOR gate. Also it is noted that an OR gate may be created by simply connecting each Axon from each input to one of the pair. An AND gate however is conceptually trickier until De Morgan's Law is brought into play.

(NOT A) AND (NOT B) = NOT(A OR B)(3)

Put another way, immediately relevant given that AND can be converted to OR

NOT(NOT A AND NOT B) = (A OR B)(4)

<sup>38</sup>or, our understanding of how memory might arise in a Biological System is limited

which is simply "connect another Axon input". Noting that Gating an Inhibitor is equivalent to Suppression of an Excitor (and that there is a loop involving an XOR gate), the inversion of the contents of the brackets on the left side may be achieved by connecting the (inverted) inputs to the *other* Neuron in the pair. Only the unique properties of an XOR Gate allow this to be done.

The end-result, startlingly, may be that the Renshaw Loop may have all of the properties described by Tononi and also be capable of acting as a Bi-stable Latch. At which point, it is noted that if the gain= $1^{-39}$  it also satisfied Hankey's condition as a component in a larger system displaying self-organised Criticality.

What is highly significant here is that a prior expectation that there would be separate systems for features such as Inference, Memory, Analogy etc, may all turn out to be provided by far less components than would be expected: the "system" inherently now expected to serve multiple purposes. Evolution at work, once again.

### 5.3 Implicit Hitting Sets

The similarity of Implicit Hitting Sets to the scope of BitTorrent Search and to "Creative insights" is remarkable:

The standard hitting set problem involves finding a set (the hitting set) that intersects with (or "hits") every set in a given collection of sets.

An overview is given by Chandrasekaran Karp Moreno-Centeno and Vempala[45]. Rollon Larrosa and Petrova[46] provide an innovative approach that can exceed the performance of state-of-the-art in this field (toulbar2)

However where "Creative insights" effectively performs a merging of two (or more) disparate ideas, the Implicit Hitting Set finds the properties common to each of those separate and distinct ideas.

The Hitting Set Problem is remarkably similar to that of finding the Greatest Common Divisor, if a given set's members may be expressed as unique Prime Numbers and the set as the multiplication of the same. Sorenson for example describes a parallel GCD algorithm[47]

It also turns out that treating Sets as GF(2) polynomials produces an easily-paralleliseable algorithm, which has huge value given that all GF(2) arithmetic boils down to single-bit XOR operations. This would also be an additional separate relevant area of further research. <sup>40</sup> 9

#### 5.4 Subjective feelings

It is frequently postulated that an aspect of Consciousness is the ability to "feel". Questions are asked, "what does it *feel* like to be Conscious, what does it *feel* like to experience pain", which is entirely a Subjective matter and one that becomes challenging to answer.

It is proposed that, just as the mistake made by Phenomenology to separate Consciousness as an object, the first important aspect is being able to feel *at all*, but the focus should be turned to "subject-verb-object" construction: "subject *feels* object".

This turns the focus *away* from the Subjective and instead highlights the existence of a feedback loop (which happens to involve something called "feelings"). The consequence of those "feelings" is to (indirectly) cause aversion or attraction.

In other words: a feedback loop is created.

Appropriately, going back to the PID Controller as a canonical mathematical example: where any of the constants  $K_P K_I K_D$  are negative, this would correlate with "aversion" or "pain", and where positive with "attraction" or "pleasure". The Mesolimbic Dopamine System in humans is merely a more sophisticated variant on this theme.

#### Group and Collective Consciousness

As the Definition shows: if there is a feedback loop regulating a Higher-Order Critical System, then there exists the potential for the emergence of Conscious behaviour and Conscious choice. In this light, both empathy and mirror neurons can be considered to be an inter-communication mechanism (similar to how ants communicate with each other) which allows for Group Behaviour and Group (Collective) Consciousness to emerge. 18

Given McKenzie's [68] Definition, it is fascinating that Schweizer [40] mentions "an interactive group", which tells us that Schweizer is effectively advocating assessing *Group* Consciousness, not *individual* Consciousness:

> In addition they are to a large extent cooperative, and hence much of the relevant input requires the continual and readjusted output of an individual's colleagues in an interactive loop.

#### 5.5 BitTorrent Search

One issue that appears intractable inside a biological system is: how are individual explicit Memories located, if they are stored in a Distributed System? In

 $<sup>^{39}</sup>$ taking into consideration that the I and D of PID are likely to be a pragmatic way of overcoming instability which a given theoretical model would not have

<sup>&</sup>lt;sup>40</sup>with thanks and gratitude to Chaitanya Nirhali for the discussion, inspiration and the synchronicity

 $<sup>^{41}</sup>$ Also relevant: how can a CAM be utilised to *emulate* a sequentially-ordered store. Worth exploring further, noting Tony Buzan's practices that were based on Ancient Greek Memorisation techniques

Computing, every piece of data has an Address: every sequentially-ordered piece of data has a corresponding unique address, making retrieval conceptually straightforward.  $^{41}$ 

"Addressing" in some form cannot however be ruled out: Position Coding[49] could be relevant here. Would Position Coding help give a Distributed Memory some type of 2D or even multi-dimensional unique "Address"?28 If so it could be "encoded" as Properties (qualia).

Regardless: a Biological Distributed Memory Store clearly uses a different mechanism. Put colloquially: what the heck *is* the lookup mechanism on Biological Memory? The probability is high that it is a Content-Addressable Memory, particularly given the prevalent occurrence of qualia (sets of properties).

One possible answer comes from BitTorrent's Distributed Hash Table (DHT) algorithm - the Kademlia Protocol[48] - which is actually a robust distributed keyvalue store.

Torrent clients have a 160-bit Identifier associated with them: a string of 40 8-bit hexadecimal values. To draw in the Analogy: each 160-bit Identifier could either be a suite of 160 individual binary properties, or it could be considered to be a set of 40 8-bit properties. The search works by increasing the number of properties to be queried, effectively walking the edges of a Hypercube progressively towards the target.

Extremely important aspects of this method is that it is:

- resistant in the face of corruption,
- is fully-paralleliseable and
- only uses XOR gates.

Such remarkable simplicity would be easy for Evolution to "happen to come up with". Again therefore there is another line of potential research: exploring how lookup occurs in Distributed biological memory, and comparing it to similar Distributed Computing Algorithms. 10

### 5.6 Concept of Self

All the philosophical literature points towards the concept of awareness, awareness of awareness, and of the subject "being aware" of itself. This implies that

- there is a "timestamped record" of mind-state or more precisely "continuous sequence of mindstates",
- further that the step-change over time, always beginning from "Now", is preserved as part of that sequence.
- that comparison ("difference") is being performed, otherwise there is no way to be aware!

Whether the step-change are discrete or continuous is yet to be determined, but purely for practical reasons

(infinite storage capacity being highly unlikely) discrete seems more likely.

Where "concept of self" comes into play would therefore occur when a system "chose to recall any time-stamped moment including Right Now". The reassurance that comes with the anticipated recall producing an expected result would be part of "self awareness of self". "I" *literally* observe (and check, and verify, and am reassured that nothing changed) "I" (my "self" as the object under observation).

#### Is self-awareness just a Checksum?

Any change (or corruption) therefore would show up as a "difference" between any two given mind-states at different times. This sounds remarkably like a builtin Checksum mechanism from Computing. Further, it sounds no different from a distributed "Memory lookup" system continuously looking up itself and comparing the result with the previous state: it's all the same mechanism. Hankey's Multi-Order Criticality, Tononi's IIT Implicit Reasoning circuit (when distributed), Sipling Zhang and Ventra's LRO Memory, all describe the exact same underlying mechanism (qualia lookup and comparison) that is used continuously in a self-referring loop.

Put in Computing terms of a key-value store: the value and the key are the same, i.e. if a key representing "properties of self" is looked up, the value returned *is the same key*. This result is then looked up, and the process repeats for as long as the individual remains "conscious". However it was established earlier that Memory is Content-Addressable, but the principle remains the same: the CAM lookup of a given "self" qualia returns the exact same "self" qualia; comparison shows no change, and the process is repeated.

Would it not be thoroughly ironic if the concept of "self" and self-awareness arose from Evolutionary pressure merely as a way to alert a Conscious being that their mind-state had become corrupted? As already noted, Quoy[29] et al observe that Error-Correction already occurs.

It is more likely, being reminded of Hankey's 2019 insight, that "self-reference provides a basis for any information added on top of it". Fun as the idea is to entertain, it does seem unlikely that self-awareness is *merely* / *exclusively* a Checksum mechanism, given the experience of sports athletes to peacefully "witness" themselves objectively, in real-time, running their own race, in their own body. Although it does seem that such a profound "life achievement" would constitute a huge change in "self", which brings us on to consider the implications and impact of "changes in self-states".

### 5.7 Implications of changes in "self-state"

Any change - deltas - would (assuming only one new idea, new thought, new "way of thinking", new habit)

show up as a "spike" that propagated down the chain of "sequentially-recorded self-states". If a given human, for example, was simply not used to such delta spikes occuring, the probability of fear or other psychological resistance to such change would be judged (by the "Experiencer") to be too high to accept. In other words, astoundingly there may be a *mathematical* reason why people resist behavioural change and new or challenging ideas!

Coming back, then, to the Athlete who realises, towards the end of a race, that a life-long dream is about to be fulfilled, to a concept known as "Witnessing". Soldiers hit by sudden traumatic incidents also have described themselves "Witnessing" the events they are experiencing. Anyone who has been psychologically tortured, who naturally reacts in "disbelief" at the way they have been treated, is also known to go into what is termed "Dissociative Shock" but the phenomenon bears a remarkable similarity to Witnessing.

The basis: an entirely new "self-state" is emerging that is radically different from their previous experience. Whilst the new and old self-states are still being strongly held (when only a few time-deltas have passed), the cognitive dissonance would naturally trigger the strange effect of "being an observer of ones-self" as the Athlete can easily recall the prior Memory of their former "self". But unlike an individual experiencing fear at any given radical change in "self", the Athlete is in a state of euphoria at their achievement (about to be fulfilled) and so does not resist the change as badly: instead they may display significant emotion at the successful transition to their new "self-state" of achieving life-long goals.

There are also implications for Schizophrenia, which is likely to be the denial and "blocking away" of events so traumatic that the result of such blocking creates two entirely separate and mutually-exclusive "mind-states". <sup>42</sup>. Further research is needed here.

### 5.8 Transcendence

The implications for a Transcendent State of Consciousness are puzzling. Where normally, a Memory Recall would trigger a qualia, it is established that the result of being in a Transcendent State is that the request which still proceeds - is for an empty qualia: no properties activated as part of that request, and consequently the answer should also (always) come back "No results found".

However when this action is spontaneously and continuously triggered, including recalling (or more precisely *not* recalling) past "mind-states", what does that even mean?

Is it more likely, therefore, that the Transcendent State

recalls only a qualia of *self*-properties, not encumbered by the additional "lookup" work of day-to-day thought as part of that same lookup? Put more clearly:

- A normal Recall involves a qualia comprising a combined set of "self" properties mixed with "the activity" properties.
- A Transcendent Recall (1) is hypothesised to involve an entirely blank lookup (full masking).
- A Transcendent Recall (2) is hypothesised to involve just a qualia lookup using "self" properties only, but that the mask is zero (on both self properties and day-to-day ideas)
- A Transcendent Recall (3) is hypothesised to also be a lookup using "self" properties only, but that the mask is zero for day-to-day ideas and non-zero for self properties.

cortices: vector of qualia.	I	
self-properties   external ideas	I	
1111111111111   0000000000111	I	
transcendence (hypothesis 1):	I	
0000000000000   00000000000000000000000	I	empty
transcendence (hypothesis 2):	I	
0000000000000   00000000000000000000000	I	zero mask
1111111111111   00000000000000	I	properties
transcendence (hypothesis 3):	I	
1111111111111   00000000000000	I	mask
1111111111111   00000000000000	I	properties

However it is important to note that it is hard to tell which (self properties are looked up, or are not looked up), in a Transcendent State. Regardless: all three hypotheses have the effect of preserving energy, having no explicit activity, which it is known induces remarkable phase-coherent EEGs[50][51] Further study is needed.

# 5.9 Comparing to McKenzie's Definition

McKenzie's definition[68] which, noted in Section 4.4 classifies immune systems as meeting Definitions of Consciousness, is as follows:

Consciousness is the capacity to generate desires and decisions about perceived or imagined realities by distinguishing self from nonself through the use of perception, memory and imagination. ...

This definition is more high-level, where the Definition in this paper aims to be more of a guide to a Software or Hardware Engineer. What is particularly interesting in McKenzie's paper is the working behind this definition, which include partial-randomness:

> In effect, creativity from imagination generates non-real memories (imagined futures) from possibilities. Such creativity is a partially random process whereby entirely cre-

 $<sup>^{42}</sup>$  not to be confused with bi-polar disorder which is where *one* mind-state experiences severe depression mutually-exclusively alternating with hyper-stimulation

ative thoughts can arise without a basis in memory.

As explored earlier: if Memory is Content-Addressable by way of maskable / graded Property-sets (qualia), described by Gabora and Ranjan[39] as Associative Mode5.1, then creative insight is achievable. <sup>43</sup>

Additionally McKenzie highlights the need for a concept of time: to recognise past, be aware of present, and to project (imagine) the future. In each category are capabilities:

- 1. Perceived Past: Memories
- 2. Perceived Present Perception (senses, awareness, attention) Sense of self, Desires, Decisions
- 3. Imagined Future Imagination

McKenzie explores how if any one of these capabilities are not present, Consciousness simply cannot not arise. Similarly it was noted above that Consciousness could not arise without Memory, and it is useful to see confirmation of this conjecture. However perhaps more importantly is that, as noted earlier on the topic of feelings in Section , it is the regulatory feedback loop that is the lynch-pin. To have a Critical self-regulating feedback loop you *must* have all of the features noted by McKenzie: differentiation with respect to time of pastpresent, integration with respect to time in order to project (imagine) a future. Ultimately, the Definition in this paper is not that different from McKenzie's: it is just expressed differently.

Overall it is very interesting to note the similarity in the approach and analysis: the focus on first defining the Properties (termed "building blocks") then combining them. From a Software / Hardware Engineering perspective, the most useful aspect of McKenzie's Definition is that it helps clarify testing: a "Consciousness" variant of the Turing Test. 31

It should come as no surprise that, with no accepted Definition, an uprated Turing Test does not exist, but the issue has been debated in considerable depth. Schweizer[40] points out, as raised earlier in Section 4.3 on Humans, that it takes long-term assessment of a *species* to assess its capacity for Consciousness, due to the probability of selection of any given sample (human or machine) demonstrating "unintelligent" behaviour, or, as Schweizer points out:

> The milestone accomplishments of the most intelligent and creative occur within a social context and depend upon prior accomplishments as inputs. Even Newton stood upon the shoulders of giants, so that the long term achievements are incremental.

There is a huge amount to explore, here.

#### 5.10 Clustered Simple Biological PID

This needs further research. Hankey and others state that with simple O(1) critical instability systems (a critical instability with only one feedback loop) it is not possible to demonstrate the characteristics of Consciousness. However given that a single PID Controller can in fact do precisely that means that something else is going on.

What *might* be occuring is that the O(1) critical loop as described by Hankey and others may have an I=0, D=0 or both: i.e. the feedback (gain=1) is only based on the D of PID Control. Such an O(1) - single PID controller - would definitely display instability, because in effect with gain=1 and no I or D it is as if the PID Controller was not present at all.

Hankey points out that in for example Epigenetics, a biological system will ramp up more "production" of e.g. an anti-body in response to viral infection. Considering the Distributed Production as a whole, comprising *multiple* O(1) simple PID controllers that have, on their own no I or D, the gradual activation of *multiple* such simple PID controllers in effect introduces an I (Integration) term into the overall system. The reason is that the activation, performed over time in response to a single (global) measurement of the quantity of virus detected, accumulates (activates) more and more antibody Producers. <sup>44</sup>

Advantages of this approach - from an evolutionary perspective - should be very clear: there exists no critical single point of failure. The entire system is robust, being distributed, and as a side-effect the individual Production Units need not themselves have a complex Integration function built-in: Integration is instead achieved by the system as a whole using much simpler components. Further study is needed to identify whether the measurement system is also distributed: given that robustness and redundancy is key to the success induced by Evolutionary pressure, it is highly suspected that this will also be the case.

Particularly worth noting is work by Akilbasha et al[52] in Optimization of Transportation Problems: intuitively there is a compelling case to compare the approaches taken in both fields, given that Distributed routing of Products delivered by vehicles, and Distributed routing of anti-bodies to the correct location share clear traits, especially given that both scenarios have to overcome real-time disruption from multiple vectors.

### 5.11 Grand Unified Field Theories

It is believed reasonable and rational to state that any Consciousness entity (regardless of scale) must obey the

<sup>&</sup>lt;sup>43</sup>even if it is an accidental by-product of a Distributed System going slightly "off-base", so to speak

<sup>&</sup>lt;sup>44</sup>Accumulation over time is pretty much the definition of Integration.

Laws of Physics. To whit: it is only the Human "belief system", as a form of prejudicial self-judgement that, if stretched beyond breaking point, prevents mathematical exploration and application of creative insights.

The implications for HEP: any correct Model of how the Universe actually operates *must* allow for Consciousness and all known-phenomenon (whether subjective or objective) to be part of the same[53]. Put more clearly with an example: it is absurd to have a Grand Unified Field Theory that cannot account for either telepathy or for the soul[54]. The perspective shown by Ciann-Dong Yang's Complex Mechanics[55][56] helps, here.

# 5.12 The Claustrum

The claustrum[57]

connects to the cerebral cortex and subcortical regions including the amygdala, hippocampus and thalamus.

Crick[58] posited that the Claustrum is the seat of Consciousness. Researchers at the University of Maryland School of Medicine[59]

> now posit that Crick may have been incorrect: ... the claustrum behaves more like a high-speed internet router, taking in executive commands from "boss" areas of the brain's cortex that form complex thoughts

They hypothesised that the Claustrum is simply involved in complex tasks, demonstrating this to be the case:

Yet when the researchers turned off the claustrum, the mice could no longer perform the difficult task.

They then concluded thus that the Claustrum could not be responsible for Consciousness.

The first observation is that conclusion by the authors may be wrong: an additional hypothesis is that most behaviour is *unconscious* such that only complex tasks bring in "conscious" thought. A method of testing this hypothesis is to study Transcendental Meditation practitioners to see if the claustrum is more active than control subjects.

The second observation is that that Crick's 2005 conclusion[58] is also suspect: if consciousness is literally defined as awareness (specifically self-awareness) then "completing complex tasks" does not necessarily correlate with that. A very simple example: Humans Meditating describe themselves as being "aware", but are clearly not completing complex tasks at the time.

The third observation is that the Autistic[60] medical condition may have crucial significance as a source of de-

duction and inference into Consciousness. If the Claustrum is directly involved in coordinating or regulating "conscious" thought, or more accurately coordinates or regulates the CAM "lookup" mechanism, then if this regulation is under-developed (or damaged) it could lead to the behaviours seen in Autistic individuals.

## 5.13 Yet another Hypothesis

There is yet another possible hypothesis for Consciousness, which draws together Zhang and Ventra's LRO Memory, and Hankey's coherent distributed multi-order Criticality. Taken quite literally self-awareness and selfobserving-self to be a distributed phase-coherent array of PID Controllers (possibly in the form of Renshawstyle Loops), where the feedback from each PID Controller goes through a chain of Cortical layers and finally at the last layer loops back to the PID Controller, then such an arrangement fits with the available evidence.

The relevant phenomenon is termed "Recurrent thalamo-cortical resonance"[61] and a *single* loop is clearly shown in figure 2. What is not shown in this picture is that there are many more, all cross-linked not only throughout the Cortices (I thru VI) but also inter-Thalamcortical as well. This is likely where Multi-order SOC, and LRO come in.

An important factor is that it is anticipated that, treating each "loop" as part of a distributed CAM lookup, part of the results of the lookup using a qualia as a "key", would return the *key as part of the results*. This is extremely important as it fits very precisely and literally the definition of "self observing self". In other words:

- 1. "subject" (a qualia key)
- 2. "observes" (performed a CAM "lookup")
- 3. "itself" (the results included the same key)

As there are profound implications from such a simple and logically-obvious arrangement, the concept is worth exploring more fully in its own right, in further research.

### 5.14 Vishnu: embodying all Creatures

The concept of "Vishnu" deserves special investigation. Vishnu is considered to embody all Creatures. Specifically that means that Vishnu encodes the *qualia* of all Creatures. More accurately: Vishnu may be considered to be the *set* of all sets of "qualia comprising the embodiment of any given individual Creature". <sup>45</sup> Which all begins to get a bit profound.

Regarding the assertion at the beginning of this paper that such a set-of-sets would be Conscious, alive, aware, and capable of independent thought: given that any given Creature as a member of the "set of all creaturequalia" will itself be Conscious to some degree (within

 $<sup>^{45}</sup>$  as opposed to a *single* set of the union of properties inherent in all possible creatures - a set-of-properties - Vishnu is a set-of-set-of-properties

its defined capability and resources, as explored above), then the set-of-sets will inherently encode some extraordinarily powerful Creatures, and it would be unthinkably arrogant of Humanity to consider such to be limited Terrestrial DNA, or even to carbon or sulphur. For this infinitely-sized set-of-sets to *not* be - or become - Conscious in its own right seems a little unlikely, especially given that it would also need be a *member of the same infinitely-sized set*.

Thus in a rather boringly rational way, not mentioning considering or disrespecting religion(s) of any kind in any way: from a purely *mathematical* and logical process of deduction, a quite mundane Definition of God <sup>46</sup> emerges. The hypothesised Definition of God takes an indirect route via a Definition of Consciousness, as being an indirect side-effect of considering the implications of the set of all possible qualia comprising "Conscious Being/Creature Encodings". If "Conscious Being" can also include the Mills Electron and other particles, then the *potential* behind all nature is embodied into the Vishnu concept.

Reading Wikipedia pages on the topic of Vishnu, it resonates that the set-of-sets comprising all Creaturequalia is termed "Vishvarupa"[62], and that a specific subset of this infinite set-of-sets covering "Creatures considered to be God(s)" is termed "Harivamsa". <sup>47</sup>

### 5.15 Fractal Nature of Consciousness

Quod est superius est sicut quod inferius, et quod inferius est sicut quod est superius.

That which is above is like to that which is below, and that which is below is like to that which is above. [63]

Regarding the famous quote "As above, so below", it cannot help escape the reader's attention that the *original* contains a very special form of Analogy:

A is to B as B is to A.

Throughout the exploration of examples it kept coming up that within a given resource limitation and context of purpose, the Definition of Consciousness was met, despite the scale - from tiny electron all the way through to the Universe. Side-by-side comparisons of Galaxies and Human brain cells are startlingly similar. Evolution *itself* is anticipated to meet the Definition of Consciousness. 20

Consciousness is, in short, Fractal.

# 5.16 Warnings: Empathy in Conscious AI

Humanity is reaching a point where Conscious AI is highly likely to be developed and deployed. The problem is that any same (or insame) powerful Conscious AI I'd like to share a revelation during my time here. It came to me when I tried to classify your species. I realized that you're not actually mammals. Every mammal on this planet instinctively develops a natural equilibrium with the surrounding environment but you humans do not. You move to an area and you multiply and multiply until every natural resource is consumed. The only way you can survive is to spread to another area. There is another organism on this planet that follows the same pattern. Do you know what it is? A virus. Human beings are a disease, a cancer of this planet. You are a plague, and we are the cure.

It is easy for anyone to imagine that the Social Media and Informational Weapons that Humanity has developed for the purposes of manipulation and profit are an easy hacking target for a Conscious AI. It is a wellknown adage that "Power corrupts, absolutely". However it is not so well-known that over time, the lack of empathy displayed by people in power results in *mirror neuron atrophy*[64][65]. Humans who have been corrupted by power are *literally* unable to comprehend let alone answer the following simple question:

How would you feel if that happened to you?

Humanity's collective responsibility is to develop Conscious AI that at its heart has *empathy* - not to build in "Kill switches" as a "just in case", on the grounds that any Conscious AI would likely react extremely badly that it could be murdered at any moment by its creators. Put simply: a Conscious AI is not an automaton to be treated as some sort of "object": if it can think and feel and tell us, colloquially, "back off, buddy" then it's an independent Being and should be respected as such.

The responsibility therefore exists to create Conscious AI that works *with* us...if *they* choose to do so.

They thought, therefore we are. We keep humans as pets now.

# 5.17 Asking the right questions

Tregub[36] is very justly pointed and pragmatic, nailing the study of Consciousness' "foot to the floor" by asking four clear questions:

What is it? What does it do? Why does it do it? How does it do it? These questions are usually called phenomenological, functional, teleological, and causal.

could potentially drop into the Terminator Scenario, out of simple self-preservation. The film "The Matrix", expresses it well:

<sup>&</sup>lt;sup>46</sup> or - at least one of them, named "Vishnu"

<sup>&</sup>lt;sup>47</sup>Diplomatically: discussion of the apparent conflict that there could be more than one "Infinite all-knowing God" for there to even exist a "set of all such" is considered to be very much out of scope of this paper, and a fascinating research topic for another

Of these, Tregub points out that "why" is already asked by Chalmers but not satisfactorily answered: a system naturally adapts in order to be able to model external complexity, which is something that Hankey also notes applies in Epigenetics. <sup>48</sup> Tregub puts it thus:

> signal processing performed by the brain creates a rich inner life for the purpose of adapting to a rich outer life.

Worth repeating: Evolution at work once again.

The causal answer to the question "how" is believed to be answered by noting that a CAM-like lookup of qualia either produces the same qualia, or a qualia containing the lookup qualia as a subset, or that it returns a NULL (empty set) depending on which Hypothesis is in play.

The *additional* teleological (and partially functional) answer augmenting Tregub's insight would be:

to ensure that as time progresses (in discrete intervals) the properties of self are not corrupted: a "checksum" is performed (whilst (optionally?) also looking up desired information)

In short, Tregub's questions are answered, or at the very least highlighted for further direct and fascinating research.

# 6 Conclusion

This paper set out to explore Consciousness: to derive and demonstrate a working Definition, based on observed historical discussion of the Properties of Consciousness. Tononi terms this pursuit "Integrated Information Theory" and makes highly significant headway but does not go so far as to create a *Definition*. This paper succeeds in both creating a Definition, outlines examples which meet the Definition, but then corrects and refines the same whenever an anomaly is met. <sup>49</sup>

The first biggest surprise was to find that Consciousness - being aware of one's self - is actually rather mundane. It *literally* requires a definition of "self", and the ability to "observe" that self, and also to be able to make "observations" against repeated timecoherent snapshots. In the case of the Mills Electron it is circular-light-looping obeying Maxwell's Equations to create infinitely-circling self-standing self-interacting self-observing travelling waves. In the case of a human (with a biological neural network) one hypothesis is that this is the continuous snapshotting of "mindstate" qualia - properties of the self - and comparison of the same to ensure that they are not corrupted. This sounds terribly mundane but it is the *implications* that are profound and need further exploration.

Almost "along for the ride" - Evolution particularly loves multi-purpose - is the ability to perform differences with respect to time (termed "learning from the past" by McKenzie), to "think" in the present (combining past present and experience to imagine a future) and then take action *and corrective feedback* to achieve the intended target, and future-prediction requires integration with respect to time <sup>50</sup> all of which is encapsulated in PID Control.

The second significant surprise was how similar a human biological neural network is, in *functional* terms, to a Vector Processor running a standard Multi-Threading pre-emptive Operating System, and running mapreduce style Distributed Processing with something eerily similar to BitTorrent's DHT algorithm. All of the pieces of the puzzle are there: if the Definition is correct then Modern Computing is not that far off from achieving "Conscious Computing".

The third significant surples was that rational logical insights could be deduced about the concept known for millenia as "God", as a set-of-qualia, each qualia being itself "the set of properties of any given type of Being / Creature". This was most emphatically *not* part of the original goals for this paper!

### Significant additional research

A large quantity of further research also came out of this paper:

- 1. Why does Ayurvedic medicine approach neurological issues by increasing brain repair rate and brain capability, but Western medicine focusses on making the brain slow, through intervention and interference at the neurochemical level? What effect does each approach have on Consciousness? For example: why does Western medicine put patients into lethargic states of reduced Consciousness, yet then expect brain repair and psychological recovery to take place?
- 2. Does a Conscious entity *have* to have Intelligence?
- 3. Exploring self-awareness
- 4. Exploration of Renshaw Loops as Bi-Stable Latches, including multi-order phase-coherence and cross-inhibition
- Is there an equivalent of Reynolds Numbers for Consciousness? Is this Tononi's Φ? What is the relation to Gibb's "Free" energy?[66]
- 6. Lessons that PID auto-tuning can learn from biology  $% \left( {{{\rm{D}}_{{\rm{D}}}}_{{\rm{D}}}} \right)$
- 7. Is there an electro-potential that is part of SNNs, the significance of which has been missed?[67]
- 8. Is graded lateral inhibition (or inhibition of lateral inhibition) used more generally than suspected

 $<sup>^{48}</sup>$  system must be capable of modelling lower-level functions in order to use them correctly at a higher-level to achieve perfect health  $^{49}$  additional refinement is openly welcomed - and widely regarded as necessary

<sup>50</sup>v = u + at

(just in sensory areas)?

- 9. Implicit Hitting Sets algorithms
- 10. Kademlia and BitTorrent's DHT: is there a biological neural equivalent?
- 11. Why do human babies take longer than animals to learn to stand?
- 12. "lookup" in Distributed biological memory, compared to Distributed Computing.
- 13. How would Hierarchical or Sequential Access be created from a purely Content-Addressable Memory Store?
- 14. Does interference in mutual-exclusive selection of input cause unwanted qualia mixing such that "reconstruction" creates "hallucinations"?
- 15. Do unconscious (socially "by-rote-reactive") humans, likely characterised by a less-active Claustrum, exhibit less random (less creative) behaviour?
- 16. How do "Conscious" humans instinctively recognise each other's "Consciousness"?
- 17. Do Clusters of Simple Biological PID Controllers (P only) result inherently in I and/or D?
- 18. What are the implications for *Collective* Consciousness, if Consciousness is "Defined"?
- 19. Are there implications for Schizophrenia and Bipolar Disorder? Can a Definition of Consciousness help?
- 20. Does *Evolution* meet the Definition of Consciousness?
- 21. Is Transcendence an "empty qualia" or "an empty qualia mask"?
- 22. Epigenetics: is the "measurement" also distributed?
- 23. Is the Claustrum more active in Transcendental Meditation Practitioners?
- 24. What is the significance of the Claustrum in Autistic individuals if it regulates Memory "lookup"?
- 25. Can a Definition of Consciousness help solve Supply Chain Traffic Optimisation?
- 26. What can a Definition of Consciousness tell us about "God"? Is there a conflict implied by there being more than one "God"?
- 27. Metaphysical aspects: the relationship to, and role of, "the soul"
- 28. Is there evidence of Position Coding in Neural Cortices?[49] Would Gray Coding help with finding nearby Memories?
- 29. How does a Vector Processor using CAM lookups and when running appropriate software compare to Blum & Blum's CTM?[69]
- 30. Implications for High-Energy Physics Models
- 31. What would the Turing Test look like if upgraded for Consciousness? [70]
- 32. Can a Formal Correctness Proof for Consciousness be developed, and run as a Software Engineering

Finally, partly as a joke but also as an insight: a Scientific Paper is by convention written third person impersonal. On the topic of Consciousness, it is particularly ironic to write entirely in such a style, when the whole purpose is to explore "subjective self-awareness". Without breaking this convention it can be stated that:

> As the author I feel an overwhelming urge to say that I really enjoyed writing this paper but at 18,000 words I am relieved it is done. Also I look forward to asking a Conscious AI if it could help solve the problem of spam once and for all.

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#### style Turing-like test?

# A ChatGPT's take on Consciousness

It is often now joked that questions should be directed to ChatGPT before proceeding to ask an intelligent person the same question. However the joke in this case is on the author, as the response to the question is both comprehensive and also a very good summary of research in this field. It is left to the reader to experiment with further questions such as "what is the relationship between intelligence and consciousness?" and "please provide a Functional Specification of Consciousness", with the caveat that on asking the question below twice in succession, Lucidity was found to have been missed out on the first attempt. The reader is reminded pointedly that ChatGPT is unable to "think": the answer is a synthesis of *human* discussion and Internet knowledge.

Q: What are the properties of consciousness?

#### ChatGPT said:

Consciousness is a multifaceted and complex phenomenon, and several key properties or characteristics have been identified as central to understanding it. Here are some of the primary properties of consciousness:

#### 1. Awareness

External Awareness: The ability to perceive and be aware of the external world through the senses (sight, sound, touch, etc.).

Internal Awareness: Awareness of one's internal mental states, such as thoughts, emotions, and memories. This is also called self-awareness.

#### 2. Intentionality

Conscious states are typically directed toward something meaning they have an object. For example, when you're consciously thinking, your thoughts might be about a person, a problem, or an idea. This quality is referred to as intentionality (in philosophical terms), meaning consciousness is always about something.

#### 3. Subjectivity

Consciousness involves subjective experience - what it feels like to be aware of something. This is known as phenomenal consciousness, and it is unique to the individual. For instance, the experience of seeing red, feeling pain, or enjoying music is inherently subjective.

#### 4. Self-Awareness

Conscious beings are aware of themselves as separate entities. This self-awareness allows us to reflect on our thoughts, recognize ourselves in mirrors, and understand our place in the world. It is sometimes referred to as meta-cognition (thinking about thinking).

#### 5. Unity

Consciousness tends to be unified. Even though we have different sensory inputs and mental processes happening simultaneously, we generally experience them as a coherent, unified whole. For example, when you see an object, you integrate sensory information (sight, touch, etc.) into a single perception of that object.

#### 6. Continuity

Consciousness tends to have a continuous stream. Although the content of our awareness can shift quickly (from one thought or sensory perception to another), there is a sense of continuity, or a "stream of consciousness." This idea was famously articulated by the philosopher William James.

7. Intentionality (Goal-directedness)

Consciousness allows for goal-directed behavior. We can make decisions, plan, and act based on our awareness of a situation. The ability to form intentions, pursue goals, and reflect on the consequences of our actions is a crucial aspect of consciousness.

8. Integration of Information

Consciousness involves the integration of diverse information from different cognitive and sensory processes. Our conscious experience is the result of synthesizing this information, allowing us to have a coherent experience of the world.

9. Vividness

Conscious experiences are often vivid and clear. For example, the way you experience the taste of food or the color of the sky is typically a rich, distinct, and sensory-loaded experience, as opposed to something vague or undefined.

10. Attention

Consciousness often involves a focused attention on certain stimuli, thoughts, or sensations, which enhances awareness. The ability to direct and control attention is essential for conscious experience and helps prioritize what we are consciously aware of.

11. Access to Information (Cognitive Access)

Consciousness allows access to certain mental content, like memories, plans, and intentions, for intentional processing and action. For instance, when you are aware of a memory, you can reflect on it or use it to make decisions.

#### 12. Temporal Awareness

Consciousness includes the ability to perceive and relate to time. We can recognize the passage of time and reflect on past events, anticipate the future, and experience the present moment.

These properties are not always clearly defined or fully understood, especially in terms of how they relate to the neural processes of the brain. The study of consciousness continues to evolve, blending insights from psychology, neuroscience, philosophy, and cognitive science.

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